

FREEDOM SESSION Winter/Spring Semester

2017		January 2017 Start
4-Jan		Facilitator Team training meeting
11-Jan	01	Why am I here?
18-Jan	02	Stepping out of Denial
25-Jan	03	Sober-Minded & A.L.E.R.T
1-Feb	04	Stepping out of Insanity
8-Feb	05	GOING DEEPER - <i>my story</i> (off site)
15-Feb	06	Hope...and Where to Find it.
22-Feb	07	The Step that Changes Everything
1-Mar	08	My Support, My Sponsor & My Strengths
8-Mar	09	Inventory Mirror 1 – facing my obvious hurts
15-Mar	10	Inventory Mirror 2 – facing my less obvious hurts
22-Mar		<i>SPRING BREAK</i>
29- Mar	11	Shield 1 – my obvious offenses
5-Apr	12	Shield 2 – my less obvious offenses <i>Sponsor Orientation Night</i>
12-Apr	13	My Closet & My Confession
19-Apr	14	GOING DEEPER – <i>finding peace with me</i>
26-Apr	15	Forgiveness – 1: first things first
3-May	16	Forgiveness – 2: breaking the chain
10-May	17	Repentance & the road less travelled
17-May	18	Amends – making things right the right way
24-May	19	Breaking Unholy Soul Ties
31-May	20	Grace...and a New Name
		SUMMER BREAK
		We will pick up with Authentic Living (an 8-week follow up to Freedom Session) in September 2017
6-Sept		Facilitator Team Meeting
13-Sept	21	Learning to Hear God's Voice & Respond
20-Sept	22	Establishing Priorities
27-Sept	23	Travelling Light
4-Oct	24	Creating an Authentic "Life Plan"
11-Oct	24	"Life Plan" working session
18-Oct	25	GOING DEEPER – processing my plan & progress
25-Oct	26	Life through Your Eyes and My Heart
1-Nov	27	Resolving Conflict
8-Nov	27	Setting Boundaries
15-Nov	28	Gratitude and Giving Back
22-Nov		Facilitator BBQ
29-Nov		FS Graduation